

Bike for Hope 2023

Invitation and rules

Greetings to citizens of Monroe and law enforcement agencies, we are excited to invite everyone to come and show support for National police week Bike ride for Hope. It's a FREE EVENT created to bring the community, citizens of Monroe, various civic, social organizations together near and afar to help show unity.

During this event: Bike for Hope, there will not be anything motorized (scooter, motorized bicycle, motorized skateboard, or 4 wheeler) allowed to participate in this event, No exception.

BIKES / BICYCLES ONLY PLEASE !!!

Participants ages 10 yrs old and up will be allowed to ride. All 9 yrs old and under MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES NO EXCEPTIONS PLEASE.

DONATIONS OF; WATER, FRUIT, DRINKS SUCH AS GATORADE, POWERADE, PICKLES OR HEALTHY SNACKS / FOODS ARE ASKED TO BE GIVEN TO HELP SET UP THE VARIOUS REST STOPS ALONG THE BIKE FOR HOPE ROUTE. THIS FOOD IS TO INSURE THAT ALL PARTICIPANTS HAVE A GOOD BIKE RIDE.

!!!!!!!!!!!!!!!!!!!!!! PLEASE NO SODA OR CAN DRINKS OF ANY KIND !!!!!!!!!!!!!!!!!!!!!!!

If there should be any participant that can't make / start at the beginning of the route, feel free to join at any of the checkpoints / rest stops along the route. See the **BIKE FOR HOPE MAP** for further details on the beginning and ending of the route

THANK YOU GUYS FOR MAKING THE 2023 BIKE FOR HOPE A GREAT SUCCESS IN BRINGING THE COMMUNITY TOGETHER.



POLICE DEPARTMENT